

**VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – December 2012**

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
3	4	5	6	7
Salad Spaghetti/Meat Sauce Italian Vegetables Garlic Bread Milk Fruit	Carrot Pineapple Salad Pork Carne Adovada Red Chile Refried Beans Tortilla-Milk Peach Cobbler	Salad Chicken Strips Carrots Mashed Potatoes Bread-Milk Fruit	Beet & Onion Salad Meat Loaf Mixed Vegetables Mashed Potatoes Bread-Milk Fruit	Corned Beef/Cabbage Carrots Irish Potatoes Milk Fruit Salad
10	11	12	13	14
Cole Slaw Chile Cheese Dogs Onions Sweet Potato Fries Bun-Milk Fruit	Zucchini Salad Beef Tacos Lettuce/Tomato/Salsa Pinto Beans Milk Fruit	Lettuce & Tomatoes Green Chile Chicken Enchiladas Spinach - Pinto Beans Milk Fruit	Carrot Salad Salisbury Steak Broccoli Scalloped Potatoes Roll-Milk Fruit	Cucumber Salad Chicken Salad sandwich Lettuce&Tomato Potato Chips Bread -Milk Fruit
17	18	19	20	21
Cole Slaw Sloppy Joes Onions & Jalapenos Potato Salad Bun- Milk Fruit	Salad Baked HamW/ Pineapple Glaze Green Beans Sweet Potato-Roll Milk-Fruit	Tomato Salad Ground Beef Stroganoff Peas&Carrots White Rice Bread-Milk Fruit	Tomato & Onion Salad Roast Beef Broccoli Mashed Potatoes Bread-Milk Fruit	Zucchini Salad Vegetarian Lasagna Italian Vegetable Garlic Bread Milk Fruit
24	25	26	27	28
CLOSED	CLOSED	Potluck & Monthly Birthday Party with Fiddlers & Musicians of New Mexico At Bosque Farms Community Center	Three Bean Salad Beef Tips/ Mushroom Sauce Carrots Rice-Milk Crackers-Fruit	Tomato & Onion Salad Hot Turkey Sandwich Brussels Sprouts Mashed Potato Bread-Milk Cookie
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3 Bean Salad Posole W/Red Chile Calabacitas Tortilla Milk Fruit (check to see if BF center is open)				