

**VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – February 2014**

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
3	4	5	6	7
Green Bean Salad Beef Tips/ Mushroom Sauce Carrots Rice-Crackers Milk-Fruit	Green Chile Cheeseburger Lettuce, Tomato, Onion Fries Milk Fruit	Salad Chicken Strips Carrots Mashed Potatoes Roll Milk- Fruit	Carrot Salad Ground Beef Steak Green Beans Mashed Potatoes Roll Milk - Fruit	Tomato & Onion Salad Carne Adovada Calabacitas Refried Beans - Tortilla Milk - Fruit
10	11	12	13	14
Cole Slaw Sloppy Joes Onions & Jalapenos Potato Chips Milk - Fruit	Salad Baked HamW/ Pineapple Glaze Green Beans Sweet Potato-Roll Milk-Fruit	Beet Salad Lettuce - Tomato Carrot Sticks Tuna Salad Sandwich Potato Chips Milk - Fruit	Tomato & Onion Salad Roast Pork Broccoli Mashed Potatoes - Bread Milk - Fruit	Zucchini Salad Meat Lasagna Italian Vegetable Garlic Bread Milk Fruit
17	18	19	20	21
Green Bean Salad Beef Stew Crackers Milk - Fruit Bosque Farms Community Center Closed for President's Day	Zucchini Salad Lettuce/Tomato/Salsa Beef Tacos Pinto Beans Milk Fruit	Tomato & Onion Salad Hot Turkey Sandwich Brussels Sprouts Mashed Potatoes Milk - Fruit	Salad Chicken Teriyaki Oriental Vegetables Rice/Crackers Milk Fruit	Carrot Salad Fish Sandwich Broccoli Potato Chips Milk - Fruit
24	25	26	27	28
Bean salad Penne Pasta w/Beef Sauce Italian Vegetables Garlic Bread Milk Fruit	Lettuce - Tomato Green Chile Chicken Enchiladas Calabacitas Pinto Beans Milk Fruit	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM	Cucumber Salad Chicken Salad Sandwich Lettuce & Tomato Chips Milk Fruit	Cole Slaw Chili Cheese Dog Onions Green Beans Potato Chips Milk - Fruit