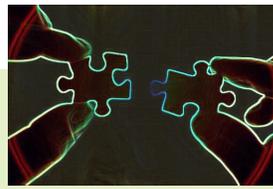


Your



Community Wellness Council



Sept. 9th

11:30-1:00

Henry Perea Bldg.

750 Morris Rd, Los Lunas

Presents ...

Community Wellness

C_{ollaborative} RUN_{down on} C_{ommunity} H_{ealth}



What is it? Community Wellness CRUNCH is a quarterly in-person networking gathering where the whole community is invited to share, document, and observe needs and progress on social and health service creation and maintenance.



This is a first sign-up, first share event, so come early! Each presentation or skit is only 5 minutes long and you are encouraged to make it entertaining, touching, or otherwise interesting. Be prepared to have fun, make new contacts, engage community members and leave with new ideas for collaboration. Projector, computer, and sound are provided.



This is not a typical “meeting” but you will have an opportunity to offer your information to the community—even if you don’t present. Please come prepared to share your ideas on a variety of community engagement experiences. See you there! Call Di-

Bring your own lunch or enjoy Crunchy Wellness refreshments!

