ECHO

A private non-profit organization helping others become self-sufficient

**300 Menaul NW #226 Albuquerque, NM 87101**
**(505) 242-6777**

# "Friends don't let Friends Miss Out"

# Tell a neighbor how You Get Healthy with

# FREE Food For Seniors 60 & up

Commodity Supplemental Food Program (CSFP)

*Serving Northwest New Mexico*

**Rural distributions available**
**Call 505-242-6777 for details**

All It takes is Picture ID, Proof of Physical Address & date(s) of birth.

CSFP is funded by the USDA, Public Health Division, New Mexico Department s of Health & Human Services; and is sponsored by ECHO, Inc. USDA prohibits discrimination in the administration of any of its programs.

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