

**VALENCIA COUNTY OLDER AMERICAN PROGRAM  
MONTHLY MENU – APRIL 2015**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
				<b>1</b>
				Salad Chicken Breast Vegetables Rice/Gravy/Crackers Fruit/Milk
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
Cole Slaw Sloppy Joes Jalapenos & Onions Potato Chips Fruit / Milk	Salad Baked Ham Pineapple Glaze Green Beans Sweet Potato-Roll Fruit / Milk	Zucchini Salad Chicken Strips Peas & Carrots Rice Bread Fruit / Milk	Salad Ground Beef Steak W/Onion Gravy Green Beans Mashed Potatoes/Roll Fruit / Milk	Carrot & Raisin Salad Spaghetti W/Marinara Italian Vegetables Garlic Bread Fruit / Milk
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
Bean Salad Beef Tips W/Mushrooms Broccoli Rice Fruit / Milk	Zucchini Salad Lettuce/Tomato/Salsa Beef Tacos Refried Beans Fruit / Milk	Tomato & Onion Salad Hot Turkey Sandwich Brussels Sprouts Mashed Potatoes Fruit / Milk	Salad Chicken Vegetables Rice/Crackers Fruit / Milk	Tamale W/Red Chile Lettuce & Tomato Spinach Pinto Beans Fruit/Milk
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
Zucchini Salad Beef and Macaroni Italian Vegetables Garlic Bread Fruit / Milk	Tomato & Onion Salad Pork Carnitas W/Red Chile Squash Refried Beans Tortilla Fruit/Milk	Beet & Onion Salad Salisbury Steak Mixed Vegetables Mashed Potatoes Bread Fruit / Milk	Three Bean Salad Beef Stew W/ Vegetables Rice/Crackers Fruit / Milk	Cole Slaw Chile Cheese Dog Onions Chuck Wagon Corn Potato Chips Fruit / Milk
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Cole Slaw BBQ Pork Onions/Jalapenos Tators Fruit/Milk	German Potato Salad Bratwurst Onions & Peppers Ranch Beans Fruit/Milk	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM	Green Chile Chicken Enchiladas Lettuce & tomato Squash Refried Beans Fruit / Milk	Carrot Salad Baked Cod Cauliflower W/Cheese Scalloped Potatoes Roll Fruit/Milk