

**VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – February 2015**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Green Bean Salad Beef Tips/ Mushroom Sauce Carrots Rice-Crackers Milk-Fruit	Green Chile Cheeseburger Lettuce, Tomato, Onion Fries Milk Fruit	Salad Chicken Strips Carrots Mashed Potatoes Roll Milk- Fruit	Carrot Salad Polish Sausage Sauerkraut Onions & Peppers Ranch Beans Milk - Fruit	Tomato & Onion Salad Beef and Macaroni Italian Vegetables Garlic Bread Milk - Fruit
9	10	11	12	13
Cole Slaw Sloppy Joes Onions & Jalapenos Potato Chips Milk - Fruit	Salad Baked HamW/ Pineapple Glaze Green Beans Sweet Potato-Roll Milk-Fruit	Beet Salad Hot Turkey Sandwich Brussel Sprouts Mashed Potatoes Gravy Milk - Fruit	Tomato & Onion Salad Roast Pork Broccoli Rice Pilaf - Bread Milk - Fruit	Zucchini Salad Asian Beef Oriental Vegetable Rice Milk - Fruit
16	17	18	19	20
Cole Slaw BBQ Pork Onions & Jalapenos Tators Milk - Fruit	Zucchini Salad Lettuce/Tomato/Salsa Beef Tacos Pinto Beans Milk Fruit	Salad Tuna Sandwich Lettuce & Tomato Carrot Sticks Potato Chips Milk - Fruit	Salad Chicken Kong Pau Oriental Vegetables Rice/Crackers Milk Fruit	Carrot Salad Fish Sandwich Broccoli Potato Milk - Fruit
23	24	25	26	27
Bean salad Penne Pasta w/Beef Sauce Italian Vegetables Garlic Bread Milk Fruit	Lettuce - Tomato Green Chile Chicken Enchiladas Calabacitas Pinto Beans Milk Fruit	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM	Cole Slaw Chili Cheese Dog Onions Green Beans Potato Chips Milk - Fruit	Carrot Slaw Pollock Fish Broccoli Scalloped Potatoes Milk Fruit