

**VALENCIA COUNTY OLDER AMERICAN PROGRAM
MONTHLY MENU – February 2016**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Green Bean Salad Beef Tips/ Mushroom Sauce Carrots Rice-Crackers Milk-Fruit	Green Chile Cheeseburger Lettuce, Tomato, Onion Fries Milk Fruit	Salad Chicken Strips Carrots Mashed Potatoes Roll Milk- Fruit	Hot German Potato Salad Bratwurst Sauerkraut Onions & Peppers Ranch Beans Milk - Fruit	Tomato & Onion Salad Beef and Macaroni Italian Vegetables Garlic Bread Milk - Fruit
8	9	10	11	12
Cole Slaw Sloppy Joes Onions & Jalapenos Potato Chips Milk - Fruit	Salad Baked HamW/ Pineapple Glaze Green Beans Sweet Potato-Roll Milk-Fruit	Carrot Slaw Baked Cod Broccoli Scalloped Potatoes Roll Milk - Fruit	Tomato & Onion Salad Roast Pork Broccoli Rice Pilaf - Bread Milk - Fruit	Salad Tuna Sandwich Lettuce & Tomato Carrot Sticks Potato Chips Milk - Fruit
15	16	17	18	19
Cole Slaw BBQ Pork Onions & Jalapenos Tators Milk - Fruit	Zucchini Salad Lettuce/Tomato/Salsa Beef Tacos Pinto Beans Milk Fruit	Beet Salad Hot Turkey Sandwich Brussel Sprouts Mashed Potatoes Gravy Milk - Fruit	Zucchini Salad Meatloaf Vegetables Mashed Potatoes Bread Milk - Fruit	Carrot Salad Fish Sandwich Broccoli Potato Milk - Fruit
22	23	24	25	26
Bean Salad Penne Pasta w/Beef Sauce Italian Vegetables Garlic Bread Milk Fruit	Lettuce - Tomato Green Chile Chicken Enchiladas Calabacitas Pinto Beans Milk Fruit	BF Potluck/ Birthday Party With Fiddlers & Musicians Of NM	Cole Slaw Chili Cheese Dog Onions Green Beans Potato Chips Milk - Fruit	Salad Tuna Casserole Peas and Carrots Rice Roll Milk - Fruit
29				
Three Bean Salad Beef Stew W/Vegetables Rice Crackers Milk/Fruit				