

March 2025



Bosque Farms Community Center

505-869-5133

ccdirector@bosquefarmsnm.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 8 AM ZUMBA
2	3 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 6:00 ZUMBA	4 9:30 Yoga 10:30 Coffee & Donuts Rockhounds 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga	5 8 AM ZUMBA 9:00 Tai Chi Practice 9-10 Waffle Breakfast 10:15 Strength & Balance 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA	6 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo 4:00 Mat Yoga	7 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals	8 8 AM ZUMBA
9	10 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 6:00 ZUMBA	11 9:30 Yoga 10:30 Coffee & Donuts 11:00 Enchantment Band 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga	12 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA 7:00 Writer's Group	13 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo 2:00 Teeniors 4:00 Mat Yoga	14 8 AM ZUMBA  9-12 Free Slice of Pie 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals	15 8 AM ZUMBA \$5  7-9 PM Plumb Adequate
16	17 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 6:00 ZUMBA 	18 9:30 Yoga 10:30 Coffee & Donuts 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga	19 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 12:30 Broomstick Lace w/Nancy ~ please RSVP* 1:00 Line Dance 6:00 ZUMBA	20 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo 4:00 Mat Yoga	21 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 11:30 Van leaving for Lunch at Cervantes 12:00 Senior Meals	22 8 AM ZUMBA
23	 \$3 2-5 PM Fiddlers & Musicians 24 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 6:00 ZUMBA	25 9:30 Yoga 10:30 Coffee & Donuts 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga	26 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 12:00 Birthday Party 1:00 Line Dance 6:00 ZUMBA  7:00 Writer's Group	27 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo 4:00 Mat Yoga	28 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals	29 8 AM ZUMBA
30	31 8 AM ZUMBA 8:30 Meet at Range Café in LL 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 6:00 ZUMBA					*Broomstick Lace: please inquire regarding supplies needed



Valencia County March 2025



<p>Monday 3, 2025 Beef Tacos Chateau blend Salsa Pinto beans Mixed Fruit Gelatin</p>	<p>Tuesday 4, 2025 Herbed Chicken Breast /w gravy Herbed Italian Rice Cucumber and tomato salad Green Beans /w Onion Wheat roll w/ margarine Warm Sliced Apples</p>	<p>Wednesday 5, 2025 Potato Chowder Beets Cornbread w/ butter yogurt Orange Lent Begins</p>	<p>Thursday 6, 2025 Red Beans and Rice Winter Blend Vegetables Strawberries Yogurt</p>	<p>Friday 7, 2025 Garden Salad w Egg TBSP Light Ranch Dressing Wheat roll Banana Yogurt</p>
<p>Monday 10, 2025 Tamale Pinto beans Spanish Rice Vegetable Medley Applesauce</p>	<p>Tuesday 11, 2025 Corned Beef and Cabbage Irish Diced Potatoes Wheat bread Berries & Cake Yogurt St Patrick's Day Meal</p>	<p>Wednesday 12, 2025 Sweet & Sour Chicken Steamed Brown Rice Stir Fry Vegetables Cherry Crumble</p>	<p>Thursday 13, 2025 Chicken Fried Chicken Steak w/ Country Gravy California Blend Vegetables Cornbread & Margarine Pears</p>	<p>Friday 14, 2025 Fish Tacos Ranch Dressing Pinto beans & Diced Tomatoes Tropical Fruit Salad</p>
<p>Monday 17, 2025 Chicken Caldito Italian Blend Vegetables Tortilla Fruit Cocktail</p>	<p>Tuesday 18, 2025 Sloppy Joes Potato Wedges three beans salad Peaches</p>	<p>Wednesday 19, 2025 Shredded Chicken & Bean Burrito Calabacitas Salsa & Sour Cream Pear</p>	<p>Thursday 20, 2025 Salisbury Steak /w Gravy Mashed Potato Brussel Sprouts Wheat roll w/ butter Mandarin Oranges</p>	<p>Friday 21, 2025 Tomato Macaroni Green beans Carrots Wheat roll w/ margarine Pineapple Yogurt</p>
<p>Monday 24, 2025 Beef & Papas Broccoli and red bell pepper Pudding</p>	<p>Tuesday 25, 2025 Ham and Beans Wheat roll w/ margarine Collard greens Asparagus Orange</p>	<p>Wednesday 26, 2025 Pulled Pork Sandwich Coleslaw Spinach w/ onion Potato Bites Strawberries Banana</p>	<p>Thursday 27, 2025 Green Chile Chicken Enchiladas Capri Vegetables Gelatin Fruit cocktail</p>	<p>Friday 28, 2025 Herbed Baked Cod tartar sauce Brown Rice Vegetable medley Pudding Mixed Fruit</p>
<p>Monday 31, 2025 Frito Pie Pinto beans carrots Tropical Fruit salad</p>				

Bosque Farms Community Center



**CALL FOR
VOLUNTEERS**

Meal Preparation, Serving and Clean Up
Daily, Monthly, Spring, and Fall Clean Up
Preparation for Special Events
Decorating for Holidays

If you can help for an hour or more a month,
please call Rose at 505-869-5133.

CHAIR YOGA!
Tuesdays ~ 4 PM

MAT YOGA!
Thursdays ~ 4 PM


YogaFit Certified Instructor:
RICK GROSS

Bosque Farms Community Center



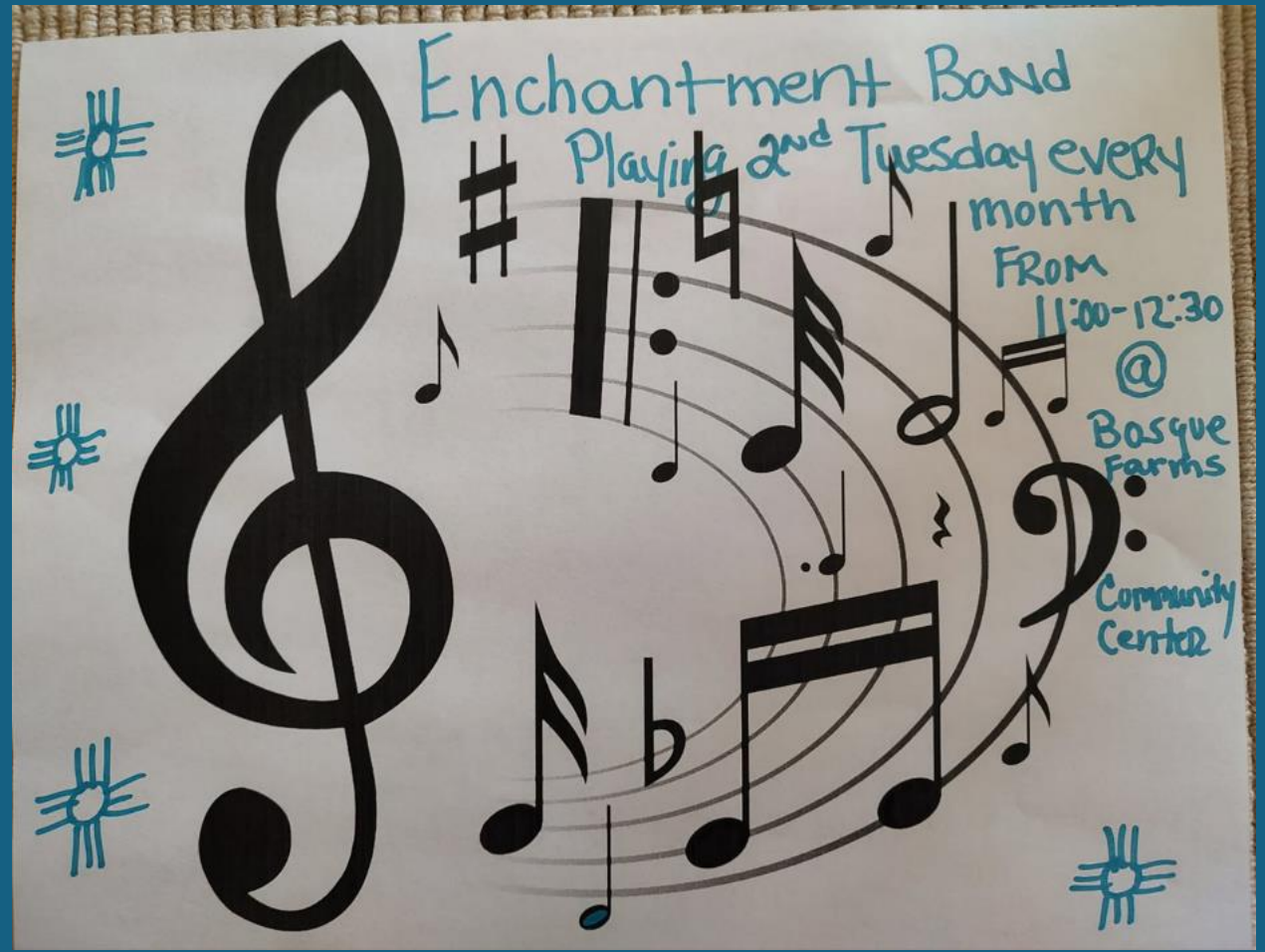


Come Join the Valencia County Writers

We meet the 2nd and 4th Wednesdays of
the month at 7:00 pm at the
Bosque Farms Community Center.
950 North Bosque Loop



Whether you've been at it a while or are just starting out,
we all need support and encouragement.

For more information contact Barb
at 505 357-7228 or Symbar@q.com



PLUMB ADEQUATE



ALCOHOL FREE
CLOSE TO HOME



DANCE
DANCE
DANCE

Bosque Farms
Community
Center

Saturday
March 15

7-9pm

\$5 Donation

Fiddlers & Musicians of NM

Jam Sessions/Dance

Saturday, March 1

Sunday, March 23



2-5 pm

\$3 at the Door

Bosque Farms Community Center



Valencia County!

Free Classes: Jan-March 2025

Plus: 1-on-1 Coaching ~ Open to All!

Learn about your cell phone, computer or the internet

Los Lunas

[Fred Luna MultiGen Ctr](#)

Tues, Jan 14 @ 10:30am

Tues, Feb @ 10:30am

Tues, March @ 10:30am

Free Class followed by 1-on-1 Coaching

Belen

[Belen Senior Center](#)

Fri, Jan 17 @ 1:00pm

Fri, Feb 14 @ 1:00pm

Fri, March 28 @ 1:00pm

Free Class followed by 1-on-1 Coaching

Bosque Farm Community Ctr

[2nd Thurs of the month @ 2pm!](#)

Thurs, Jan 9 @ 2:00pm

Thurs, Feb 13 @ 2:00pm

Thurs, March 13 @ 2:00pm

Free Class followed by 1-on-1 Coaching

Teeniors® is a woman-owned business and social profit created in 2015 in Albuquerque. We are now creating new programs across New Mexico and our multi-award winning work has been featured on NPR, The New York Times, Costco Magazine, Univision, Millennial Magazine, Albuquerque Journal, Valencia County News Bulletin, Santa Fe New Mexican, and more! Learn more at teeniors.com, or contact us anytime:

teeniors@gmail.com | 505 600-1297.

Teeniors® are tech-savvy teens & young adults who help seniors (or any-age person) learn technology through in-person coaching. Our goal is to empower you to connect with your loved ones, engage with your community, and the world through technology - while providing paid, meaningful jobs for youth in New Mexico!



BOSQUE FARMS, HERE WE COME!



WHAT? Teeniors is re-establishing a program in Bosque Farms in Oct 2024! Join us the 2nd Thursday of each month at 2:00pm, or get 1-on-1 coaching in person or online!



BACKGROUND
Teeniors have coached over 7,000 older adults in ABQ alone, and continuously earn 5-star reviews from our clients & our team!



WHAT'S NEXT?
For group events or 1-on-1 help, check with your senior center, contact us (below), or sign up for our newsletter at teeniors.com



LEARN MORE
Contact Teeniors with any questions: teeniors@gmail.com



(505) 600-1297

200 Broadway Blvd NE
Albuquerque, NM 87102

www.teeniors.com

teeniors@gmail.com

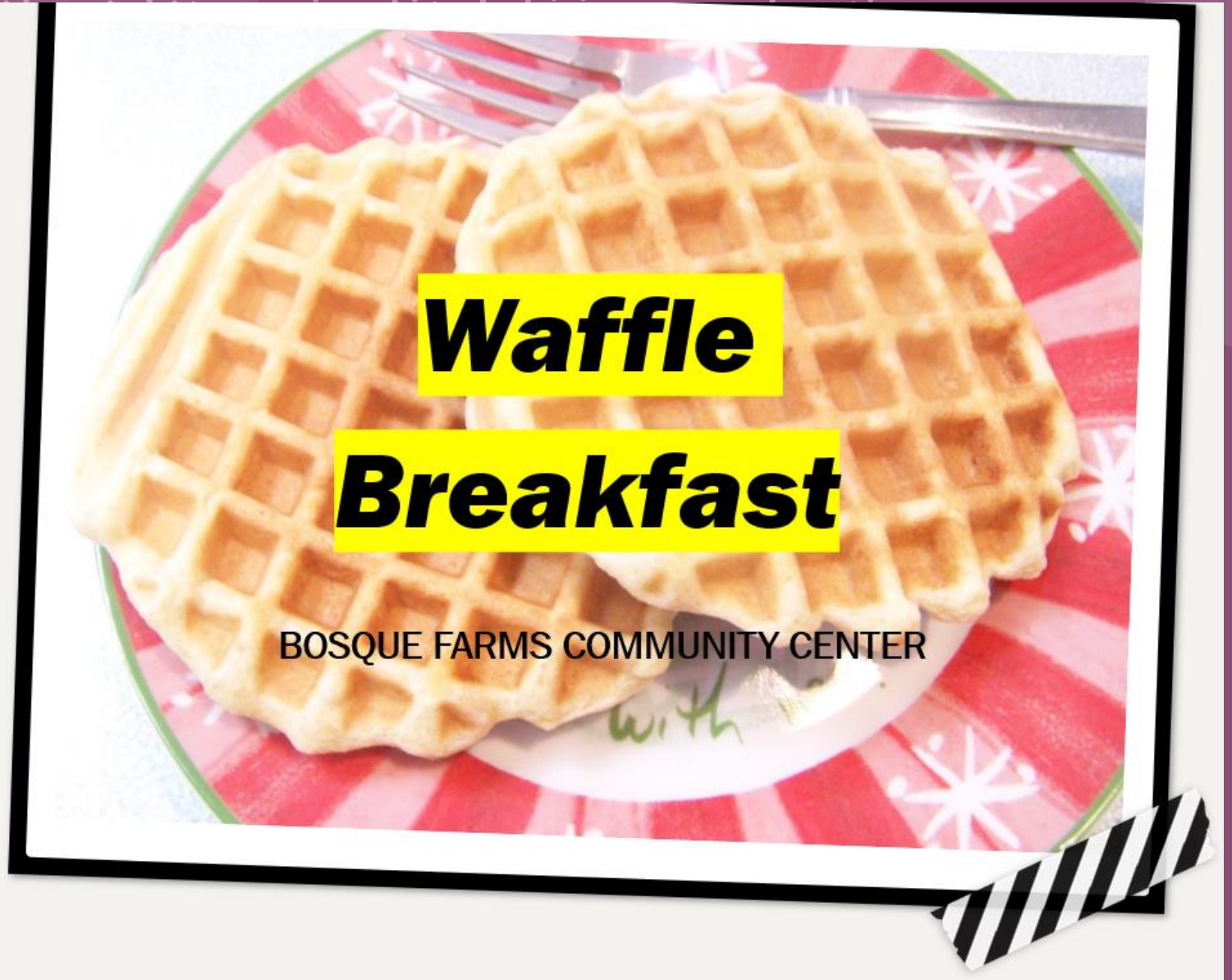
**1st Wednesday
of every month**

9 - 10 am

**Bring your
favorite topping or
prepared side dish.**

**Waffles, butter, syrup
and coffee will be
provided.**

March 5th



Library Hours: Monday - Friday




10:00 a.m. - 4:30 p.m.

Bosque Farms Public Library

March 2025

1455 West Bosque Loop

505-869-2227

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
https://bosquefarms.biblionix.com						1 10:00 a.m. - Dance
2	3 10:00 a.m. - Adult Handi Crafts 11:00 a.m. - Vajra Kung Fu 12:00 p.m. - Book Worms Book Club	4 1:00 p.m. - *Watercolor Class 3:30 p.m. - Board Game Club 3:30 p.m. - Read to the	5 10:30 a.m. - Family Storytime	6 10:30 a.m. - Library Crafting 3:30 p.m. - Read to the Dogs	7 1:00 p.m. - Read to the Adults	8 10:00 a.m. - Dance 11:00 a.m. - Genealogy Workshop
9 	10 10:00 a.m. - Adult Handi Crafts 11:00 a.m. - Vajra Kung Fu	11 1:00 p.m. - *Watercolor Class 3:30 p.m. - Board Game Club	12 10:30 a.m. - Family Storytime	13 10:30 a.m. - Library Crafting	14 1:00 p.m. - Read to the Adults	15 10:00 a.m. - Dance
16	17 10:00 a.m. - Adult Handicrafts 11:00 a.m. Vajra Kung Fu	18 3:30 p.m. - Board Game Club 3:30 p.m. - Read to the Dogs	19 10:30 a.m. - Family Storytime	20 10:30 a.m. - Library Crafting 3:30 p.m. - Read to the Dogs	21 1:00 p.m. - Read to the Adults	22 10:00 a.m. - Dance
23	24 10:00 a.m. - Adult Handi Crafts 11:00 a.m. - Vajra Kung Fu	25 1:00 p.m. - *Watercolor Class 3:30 p.m. - Board Game Club	26 10:30 a.m. - Family Storytime	27 10:30 a.m. - Library Crafting 3:30 p.m. - Read to the Dogs	28 1:00 p.m. - Read to the Adults	29 
30	31 10:00 a.m. - Adult Handicrafts 11:00 a.m. - Vajra Kung Fu	*Registration is Required for Watercolor Class. Limit 6 Participants (Ages 18+).		BrainFuse - Free Online tutoring available through our website.		



LA VIDA FELICIDAD Valencia County Senior Coalition Meeting

Join other providers, organizations,
caregivers, and community members to share
and learn about resources and support for
seniors in our community.



GUEST SPEAKERS

AUSTIN CALABAZA
From Better Business Bureau
and
Christine Vasquez
from
RSVP (Retired Senior & Volunteer Program)

What is the BBB?

BBB or Better Business Bureau is a private organization that grades businesses on how well they're operating by certain standards.

What does it do?

The BBB makes available to the public a list of accredited businesses and information regarding them. They also resolve consumer complaints.

Tuesday
March 11th 2025
10:00am
10:45am

Bring a friend!
Enjoy refreshments!

Location:
**UNM Valencia Workforce
Training Center**

**1020 Huning Ranch East
Loop
Los Lunas NM 87031**

For More Information:

andreamansfield@lvnm.org
505-537-2686



VALENCIA

CAREER & WELLNESS EXPO

Join us to recruit, build the local
workforce, and promote
wellness.



Wednesday
March 12, 2025



Time
10:30 AM - 1.00 PM



280 La Entrada Rd
Los Lunas, NM 87031



JOIN US

SCAN HERE



Questions?

Career - sjclawson@unm.edu
Wellness - mrasic643@unm.edu

VALENCIA COUNTY ASSESSORS VETERANS PROPERTY TAX EVENT

Tuesday March 18th (9:00 am – 2:00 pm)

Valencia County Senior Citizens Center
715 S Main St Belen, NM 87002



NM Dept of Veterans' Services and Valencia County Assessor representatives will be on site to assist eligible veterans and unmarried widows of veterans with applying for their qualified property tax waiver or exemption.

Veterans Property Tax Exemption

A \$4,000 reduction of the taxable value of a veterans' New Mexico property assessment

Veterans Property Tax Waiver

For veterans with a service-connected VA-rating of 100% Permanent & Total
Waives the property tax payment of a veteran's primary residence

The following documents will be required to verify Property Tax certificate eligibility:

1. A copy of your DD-214, NA 13038, NOAA form 56-16, or PHS form 1867
2. If applicable, VA Award letter verifying Permanent & Total service-connected disability
3. Proof of New Mexico Residency – Includes one of the following documents:

Valid NM Driver's license / Current voters registration card / Most recent NM income tax return

For more information:

Valencia County Assessor's Office (505) 866-2065 or
Jeff George jeff.george@dvs.nm.gov (505) 699-4087

TOGETHER FOR EDUCATION

STRENGTHENING OUR COMMUNITY SCHOOLS



WHEN
March 27th, 2025
9am – 2pm

WHERE
UNM Valencia Campus
(Student Community Center)
280 La Entrada Rd.; Los Lunas, NM 87031

RESOURCES
Join us to learn about the valuable services available to support community schools, including family therapy, mental health support, counseling, Pre-K pro-grams, McKinney-Vento services, and Youth Development initiatives. Discover how these resources can make a difference in students' lives!

WHO SHOULD ATTEND:
School Attendance Teams,
Administrators, Social Workers, Nurses,
Counselors, and Local Legislators

SCAN HERE TO REGISTER



**FOLLOW THE LINK TO
REGISTER**

<https://www.eventbrite.com/e/together-for-education-strengthening-our-community-schools-tickets-1246573598189?aff=oddtcreator>

SPONSORS



TITANIC Anniversary Dinner Theater

Featuring:
Van Ann Moore
as "The Unsinkable Molly Brown"

Titanic Anniversary
Dinner Theater
Featuring
Van Ann Moore
As "The Unsinkable Molly Browns"
April 12, 2025
Doors open at 5:00 PM
Dinner served at 5:30 PM
Tickets \$49.00
Dress your finest attire (period dress
and hats are appropriate) and join us
for a night of fun.
APRIL 12, 2025



Tickets now on sale



The Rio Grande Federated Republican Women present The
Unsinkable Molly Brown. Come join us for dinner and a show
April 12, 2025, 117 S 4th St. Belen New Mexico.



La Vida
FELICIDAD

SAVE THE DATE

SENIOR EXPO & HEALTH FAIR



Brought to you by La Vida Felicidad,
Valencia County Senior Coalition



"Celebrating Valencia County's
Seniors
and Older Americans Month"

FRIDAY
MAY 2, 2025

10:00AM-
1:00PM

Admission
Free

Join Us For This
Free Event

- ✓ Health Screenings
- ✓ Local Community Resources
- ✓ Raffle Prizes & Giveaways

Daniel Fernandez
Youth Center

1103 NM-314, Los Lunas,
NM 87031

More Information 505-537-2686 andreamansfield@lvfnm.org
www.lvfnm.org