

July 2025



Bosque Farms Community Center

505-869-5133

ccdirector@bosquefarmsnm.gov

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1 9:30 Yoga 10:30 Coffee & Donuts Rockhounds 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga</p>	<p>2 8 AM ZUMBA 9:00 Tai Chi Practice 9-10 Waffle Breakfast 10:15 Strength & Balance 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA</p>	<p>3 THE ME DAY: Wear your Red, White & Blue! 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo</p>	<p>HAPPY 4TH OF JULY!</p>	<p>5</p>
<p>6</p>	<p>7 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 11:15 Trip: 66 Diner 12:00 Senior Meals 6:00 ZUMBA</p>	<p>8 9:30 Yoga 10:30 Coffee & Donuts 11:00 Enchantment Band 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga</p>	<p>9 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA 7:00 Writer's Group</p>	<p>10 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo</p>	<p>11 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals</p>	<p>12 \$3 2-5 PM Fiddlers & Musicians</p>
<p>13</p>	<p>14 8 AM ZUMBA 9:00 Tai Chi Practice 9:45-12 Relay NM: Hard of Hearing Phone Assistance 10:15 Strength & Balance 12:00 Senior Meals 6:00 ZUMBA</p>	<p>15 9:30 Yoga 10:30 Coffee & Donuts 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga</p>	<p>16 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals ICE CREAM SOCIAL 1:00 Line Dance 6:00 ZUMBA</p>	<p>26 17 9:30 Yoga 9:30-11:30 Teeniors 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo</p>	<p>18 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 12:30-4:30 AARP Driver Safety Class Please RSVP</p>	<p>19 \$5 7-9 PM Plumb Adequate</p>
<p>20</p>	<p>21 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1:00 SSLO Presentation: Reverse Mortgages 6:00 ZUMBA</p>	<p>22 9:30 Yoga 10:30 Coffee & Donuts 10:30 Lost Submarines Presentation by John Taylor 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga</p>	<p>23 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 11:15 Therapy Dogs 12:00 Senior Meals 1:00 Line Dance 6:00 ZUMBA</p>	<p>24 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo</p>	<p>25 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals</p>	<p>26</p>
<p>27 \$3 2-5 PM Fiddlers & Musicians</p>	<p>28 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals 1-3 pm (Tentative) AI Song Creation Please call to confirm.</p>	<p>29 9:30 Yoga 10:30 Coffee & Donuts 12:00 Senior Meals 12:30 Bridge & Dominoes 4:00 Chair Yoga</p>	<p>30 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 11:15 Greg See 12:00 Birthday Party 1:00 Line Dance 6:00 ZUMBA</p>	<p>31 9:30 Yoga 10:30 Spanish Class 12:00 Senior Meals 12:30 Bingo</p>	<p>August 1 8 AM ZUMBA 9:00 Tai Chi Practice 10:15 Strength & Balance 12:00 Senior Meals</p>	<p>August 2 9 am-3 pm Arts & Crafts Fair</p>

	TUESDAY 1, 2025 Green Chile Beef Stew Green Beans Wheat roll Orange	WEDNESDAY 2, 2025 Chicken Salad Wrap Cucumber and tomato salad baby carrots Sun Chips Peanut Butter Cookie Fruit Salad	THURSDAY 3, 2025 Cheeseburger Potato Salad Broccoli Watermelon	FRIDAY 4, 2025 CLOSED HAPPY FOURTH OF JULY!
MONDAY 7, 2025 Hamburger Macaroni Normandy Blend Vegetables Strawberries Cake	TUESDAY 8, 2025 Pork Posole Roasted zucchini and yellow squash Tortilla Cantaloupe	WEDNESDAY 9, 2025 Salisbury Steak w/ Gravy w/ Mushrooms Herb Roasted Potatoes Broccoli Wheat roll Pears Gelatin	THURSDAY 10, 2025 Turkey and Cheese Sandwich three bean salad Tomato and onion salad Mandarin Oranges	FRIDAY 11, 2025 Chile Cheese Dog black beans & Red and green peppers apple
MONDAY 14, 2025 Meat Ball Casserole Italian green beans and carrots Hot dog roll Diced Pears	TUESDAY 15, 2025 Chicken Fried Chicken Steak, Country Gravy. Mashed Potatoes Green Beans Dinner Roll Apricots	WEDNESDAY 16, 2025 Tamale w/ Red Chile Pinto Beans Capri Vegetables Spanish Rice Fruit Cocktail	THURSDAY 17, 2025 BBQ Chicken Monte Carlo Blend Vegetables Macaroni Salad Sliced Peaches Peanut Butter cookie	FRIDAY 18, 2025 Beef Soft Tacos Salsa Stewed tomatoes w/ GC Pinto Beans Orange
MONDAY 21, 2025 Chicken & Vegetables Peas and carrots Brown Rice 3-Bean Salad Strawberries and mandarin oranges	TUESDAY 22, 2025 Sloppy Joe Sandwich Cucumbers and tomato salad Coleslaw Grapes Yogurt	WEDNESDAY 23, 2025 Chef Salad w/ Chicken and Egg Wheat roll w/ butter Honeydew	THURSDAY 24, 2025 Meat Lasagna Broccoli and Cauliflower Wheat Roll w/ margarine Apricots	FRIDAY 25, 2025 Chicken Fajita Pinto beans Spinach Salsa Apple
MONDAY 28, 2025 Beef & Papas Salsa Capri vegetables Flour Tortilla Mandarin Oranges	TUESDAY 29, 2025 Tuna Salad Sandwich California blend vegetables Pudding w/ Bananas	WEDNESDAY 30, 2025 Frito Pie Vegetable Medley Carrot Raisin Salad Spiced Apples	THURSDAY 31, 2025 Chicken and mushrooms rice pilaf Tossed salad w/ ranch dressing Fruit salad	Menu Subject to Change

COLOR OUR WORLD™

2025

Summer Reading Program

at

Bosque Farms Public Library!

June 09, 2024—July 18, 2025

Sign Up Begins June 02, 2025

*Fun Games and Events *Prizes

* Completely Free

All Ages Welcome!

Visit the Library for More Information

1455 West Bosque Loop * 505-869-2227 * Monday—Friday

10:00 a.m.—4:30 p.m.

© CSLP

COLOR OUR WORLD™

Summer Reading Events 2025:

June 10: Drums Around the World with Kevin Kinane

June 12: Magic with John Polinko - show starts at 11:30!

June 17: Karate with Greg Cole

June 24: Alpaca Ranch

June 26: A Visit From Storyteller Joe Hayes

July 01: Explora

July 03: Raptors of New Mexico with Laura McCann

July 08: Planetarium at Peralta Methodist Church

*25 Wesley Rd

July 10: Field Trip to DeSmet Dairy Farm

*2405 McNew Rd

July 15: Hays Honey Farm: Beekeeping Presentation— starts at 11:30!

July 17: Carnival

All Events take place from 11 a.m. - 1 p.m.

All Events EXCEPT the Planetarium and the Field Trip to DeSmet Dairy will be in the Park behind the Library.

1455 West Bosque Loop—(505) 869-2227



Fiddlers & Musicians of NM

Jam Sessions/Dance

Saturday, July 12

Sunday, July 27



2-5 pm

\$3 at the Door

Bosque Farms Community Center



Have trouble hearing on the telephone?

Thomas Sena from Relay New Mexico will be at Bosque Farms Community Center on **Monday, July 14th from 9:45am to 11:45am**. He has information about the State of New Mexico's Equipment Distribution Program, CapTel captioned telephones, and the CapTel app for iPhone and Android.





ICE CREAM SOCIAL

**WEDNESDAY, JULY 16TH AT NOON
BOSQUE FARMS COMMUNITYCENTER**

**PLEASE BRING YOUR FAVORITE
ICE CREAM OR TOPPING TO SHARE!**





Bosque Farms

Free Tech Help: Summer 2025!

Learn about your cell phone, computer or the internet!

Bosque Farm Community Center

Thurs, June 26 @ 9:30am (morning!)

Thurs, July 17 @ 9:30am (morning!)

Thurs, Aug 21 @ 2:00pm (afternoon!)

RSVP for free, 1-on-1 coaching. Bring your device!

(505) 869-5133

Teeniors® is a woman-owned business and social profit, created in 2015 in Albuquerque. We are now creating new programs across New Mexico and our multi-award winning work has been featured on NPR, The New York Times, Costco Magazine, Univision, Millennial Magazine, Albuquerque Journal, Valencia County News Bulletin, Santa Fe New Mexican, and more! Learn more at teeniors.com, or contact us anytime:

teeniors@gmail.com | (505) 600-1297.



Valencia County!

Free Tech Help! Summer 2025

1-on-1 coaching to learn about your cell phone or computer!

Los Lunas

Fred Luna MultiGen Ctr

Wed, June 18 @ 10:00am

Wed, July 16 @ 10:00am

Wed, Aug 13 @ 10:00am

RSVP for free 1-on-1 coaching!

Belen

Belen Senior Center

Fri, June 20 @ 1:00pm

Fri, July 18 @ 1:00pm

Fri, Aug 15 @ 1:00pm

RSVP for free 1-on-1 coaching!

Bosque Farm Community Ctr

950 N Bosque Loop

Thurs, June 26 @ 9:30am

Thurs, July 17 @ 9:30am

Thurs, Aug 21 @ 2:00pm

RSVP for free 1-on-1 Coaching

Teeniors® is a woman-owned business and social profit, created in 2015 in Albuquerque. We are now creating new programs across New Mexico and our multi-award winning work has been featured on NPR, The New York Times, Costco Magazine, Univision, Millennial Magazine, Albuquerque Journal, Valencia County News Bulletin, Santa Fe New Mexican, and more! Learn more at teeniors.com, or contact us anytime:

teeniors@gmail.com | (505) 600-1297.



THERE'S A CLASSROOM COURSE IN YOUR NEIGHBORHOOD!

Date & Time:

Friday, July 18, 2025
12:30 - 4:30 pm

Location:

Bosque Farms Community Center
950 North Bosque Loop
Bosque Farms, NM

Register Now:

Call: (505) 869-5133

Cash or check only.
No credit cards.

CLASSROOM COURSE	FOR MORE INFORMATION
\$20 for AARP members \$25 for non-members	Call: 1-888-773-7160 Visit: www.aarp.org/driving36

Sign up for AlertSense

To sign up for local emergency alerts through AlertSense, residents can go to loslunasnm.gov/VRECC to sign up. AlertSense is a free emergency notification service provided to all residents within Valencia County that will notify you of emergency information through phone calls, text messages, emails and social media. The system will be used to keep you informed of local events that may immediately impact your safety.

HOPES FOR HEROES DONATION DRIVE

WHEN

July 19, 2025 9:00 am—1:00 pm

WHERE

Hunning's Field

612 Main Street, Los Lunas, NM 87031— Next to Leftover's and McDonalds on Main Street

- Food Trucks
- Police dog DEMO
- Informational Tables
- Raffles
- Accepting Flag Retirement

**LARGE AND SMALL FURNITURE
HOUSEHOLD ITEMS ACCEPTED**

Please no electronics. There will be a large donation truck onsite to assist with all donations. Volunteers will be onsite to help with unloading donations.

BENEFITING

The Veterans and all who support them.

SPONSORED BY:

ESA



Printed and donated by:

The UPS Store 

Los Lunas, NM

PLUMB ADEQUATE



DANCE

DANCE

DANCE

Bosque Farms
Community
Center

Saturday

July 19

7-9pm

\$5 Donation



ALCOHOL FREE
CLOSE TO HOME



**Join Senior Citizens'
Law Office for a
presentation on
Reverse Mortgages.**

**July 21st, 2025, at
1:00PM**

Please sign up in advance at
Bosque Farms Community
Center front desk.



On Eternal Patrol Our Lost Submarines

Presentation by:

John Taylor



During World War II, the US Submarine Force lost a total of 3,506 men, approximately one out of every five that served, the highest loss rate of any of the armed forces. Twenty-four of these men were from New Mexico. In addition, three men lost while serving aboard the *Thresher* were from our state. This presentation by John Taylor, a former submarine officer, describes the history of submarines and focuses on the subs that were lost before, during, and after World War II.

BOSQUE FARMS COMMUNITY CENTER ~ TUESDAY, JULY 22, 2025 at 10:30 AM

SOUTHWEST CANINE CORPS OF VOLUNTEERS, INC.

**THESE WELL-BEHAVED
THERAPY DOGS WILL
PROVIDE STRESS RELIEF
AND BRING A SMILE TO
YOUR FACE!**

**BOSQUE FARMS
COMMUNITY CENTER**

WEDNESDAY, JULY 23

11 – 11:45 AM





Because of you,
life doesn't stop

**BLOOD
DRIVE**

BATTLE OF THE BADGES BOSQUE FARMS

**WEDNESDAY, JULY 23
10:00AM TO 1:30PM
BOSQUE POLICE DEPARTMENT
BLOODMOBILE
1455 W. BOSQUE LOOP
BOSQUE FARMS, NM 87068**






-To make a life-saving appointment, please call Nick at 505-246-1473
Or Scan the QR code!

-To thank you for your generosity this summer, give blood two times or give your first Power Red donation between June 1 and Aug. 31 and you'll receive a \$25 Donor Rewards gift card.*

-Donors who come to donate whole blood, Power Red, platelets or plasma July 9-31, 2025, will be automatically entered for a chance to receive up to \$30,000 toward the purchase of a car.*

For more information or to schedule a donation, call **877-25-VITAL** or visit us at vitalant.org

Find us @vitalant:   

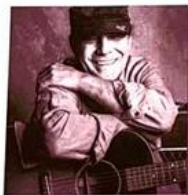
vitalant 

You've heard about the Big Barn Dance in Taos
for the last 22 years. Now...



Come experience a glimpse
of the famous music
festival here in Santa Fe!

JULY 25th ★ 7:00 PM



Chuck Cannon



Beat Root Revival



Michael Hearne

NEW MEXICO MILITARY MUSEUM AUDITORIUM

★ give.thefooddepot.org/concert ★



A portion from every ticket
will benefit The Food Depot,
Northern New Mexico's
Food Bank!



The New Mexico Chapter of the
International Western Music Association
Invites You to Celebrate

THE NATIONAL DAY OF THE COWBOY

July 26, 2025 - 10a.m to 5p.m

at the Best Western Rio Grande Hotel - Wild Avocado Cork & Tap
1015 Rio Grande Blvd NW, Albuquerque, NM

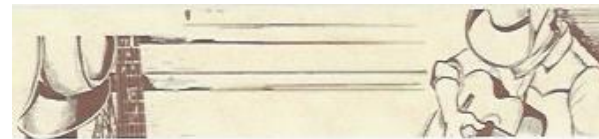
A Full Day of Western Music,
Cowboy Poetry, and Book Readings

Free to All - Bring the Family

Featuring: Belinda Gail, Austin Van, Jim Jones with
Mariam Funke, The Ramblin Rangers,
Melody Groves, Gency Brown, Jack George



For more information email us at
secretary@westernmusicnm.com
or find us at <https://iwesternmusic.org>



The National Day of the Cowboy
July 26, 2025 - 10 AM - 5 PM

Best Western - Wild Avocado
Albuquerque, New Mexico

A full day of Western Music, Cowboy Poetry,
and Book Readings by Local Authors

- 10:00 The Ramblin Rangers
- 11:00 Melody Groves
- 11:45 Jim Jones and Miriam
- 1:15 Jack George
- 1:45 Belinda Gail
- 2:45 Gency Brown
- 3:30 Jack George
- 4:00 Austin Van
- 4:45 Opportunity Basket Drawing



ARTS & CRAFTS FAIR

BOSQUE FARMS COMMUNITY CENTER

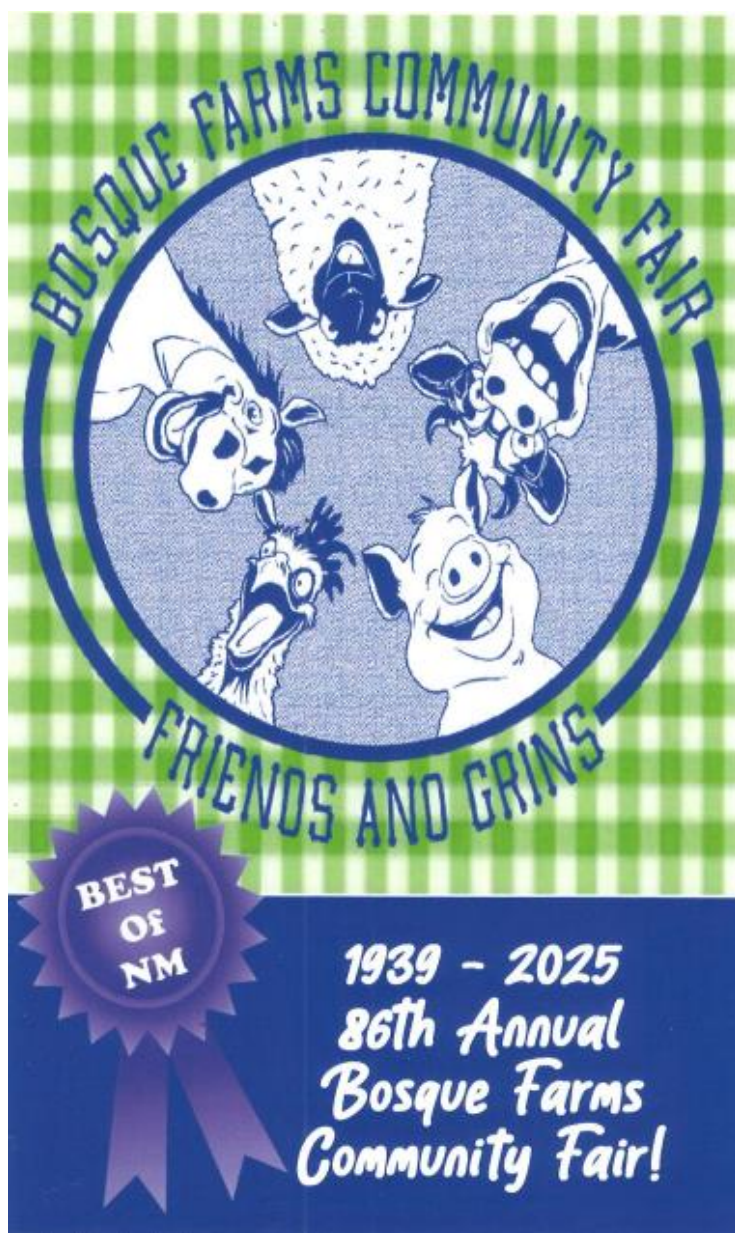


SATURDAY, AUGUST 2
9:00 A.M. TO 3:00 P.M.

950 NORTH BOSQUE LOOP

BEAUTIFUL HANDMADE ART, CRAFTS, DÉCOR, FOOD ITEMS,
FURNISHINGS, GIFTS, JEWELRY, PAINTINGS,...AND MUCH MORE!





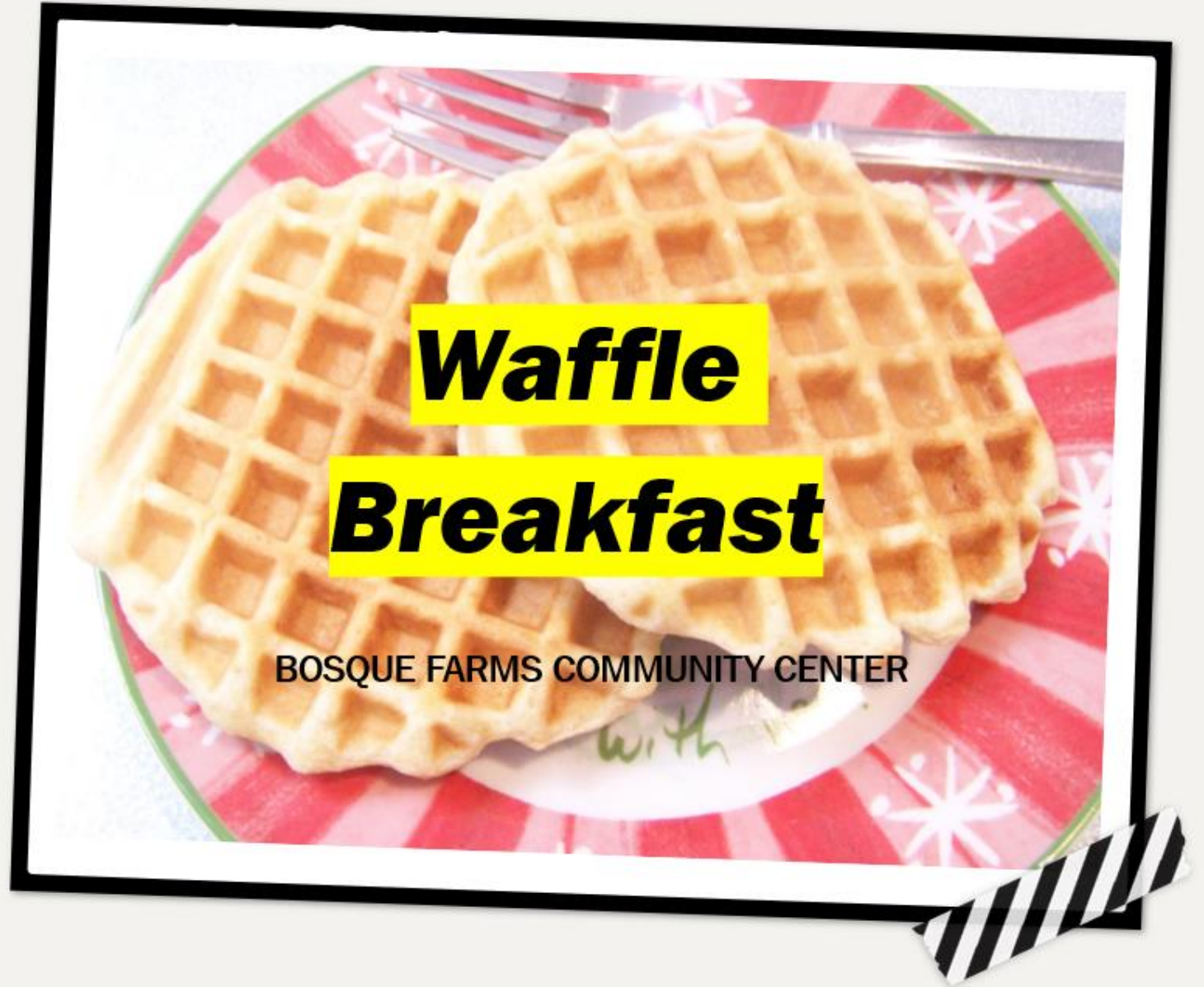
Schedule of Events 2025	
Thursday, July 31st	
4:00-5:00pm	Briefing of Superintendents (Cowboy Hall)
5:00-8:00pm	Pre-Register & Submit Inside Exhibits (Cowboy Hall)
Friday, August 1st	
8:00am-12:00pm	Register & Submit Inside Exhibits (Cowboy Hall)
12:00-3:30pm	Cowboy Hall Closed to Public ★ Thank you Lunch for Judges ★ Judging of Inside Exhibits
3:30-5:30pm	Ice Cream and Cupcake Social (Cowboy Hall)
4:00-6:00pm	Register for Toad Races (Patio)
5:00pm	Bosque Farms Fire Department Hot Dog, Chile Dog and Frito Pie Fundraiser (Patio)
6:30pm	Toad Races (under the Big Tent)
7:00-7:30pm	Sheepdog Herding Exhibition With Kyle Fakhoury (Arena)
7:30pm	Universal Waste Systems Annual Battle of the Bales (South of Arena)
Saturday, August 2nd	
6:30-7:30am	FOOD VENDORS arrive at fair grounds
7:30-8:30am	CRAFT VENDORS arrive at fair grounds
7:30-8:30am	Line up for Parade (Margaret Drive on South Loop)
8:00am-2:00pm	Bosque Farms Car Show (BF Sports Complex)
8:30am	Parade Begins
9:30am	★ Silent Auction (Cowboy Hall/end at 3:30 pm) ★ Food Trucks (some will be serving breakfast!) ★ NM Game & Fish Exhibition ★ BFRA Pancake Breakfast (Cowboy Hall) ★ Bean Count (Cowboy Hall) ★ Money Pit & Corn Pit

Schedule of Events 2025	
Saturday, August 2nd	
10:00am	★ Kid's Bingo (Patio) ★ Greased Pole Climb (SE of Arena/end at 4pm) ★ Face Painting (Big Tent/end at 4pm) ★ LL Parks and Rec Climbing Wall (end at 2pm)
10:30am	★ Kid's Pole Fishing (NW corner of Cowboy Hall) ★ Races (Arena) ★ *Women's Rolling Pin Throw (after Races)
11:00am	Parade Awards (Patio)
11:00am-1:00pm	NM Raptors (SE corner of Cowboy Hall)
11:30am	Register for Corn Hole Competition (South of Arena)
12:00pm	★ Corn Hole Competition (South of Arena) ★ BFRA Royalty (Arena/after Rolling-Pin Throw)
12:00-2:00pm	Pick Up Exhibits (Cowboy Hall)
12:30pm	Register for 4-H Dog Care & Grooming (Riley Home)
1:00pm	Judging for 4-H Dog Care & Grooming (Riley Home)
1:30pm	Snack Attack Walk (Patio)
2:00pm	Auction (Cowboy Hall)
2:00-3:00pm	Register and Submit Entries for Chile Contest (Cowboy Hall)
3:00pm	★ Pet Parade (Patio) ★ Chile Contest Judging (Cowboy Hall)
3:30pm	Grandma's Pot Shop Annual Cluck N' Run (BF Sports Complex)
4:30pm	Admission Fee for Rodeo Contestants begins
5:00pm	Admission Fee for Rodeo Spectators begins. Rodeo following at 6pm

1st Wednesday
of every month

9 - 10 am

**Bring your
favorite topping or
prepared side dish.
Waffles, butter, syrup
and coffee will be
provided.**



CHAIR YOGA!



```
graph TD; A[CHAIR YOGA!] --> B[Tuesdays ~ 4 PM]; B --> C[YogaFit Certified Instructor:]; C --> D[RICK GROSS]; D --> E[Bosque Farms Community Center]
```

Tuesdays ~ 4 PM

YogaFit Certified Instructor:

RICK GROSS

Bosque Farms Community Center

Bosque Farms Community Center



CALL FOR VOLUNTEERS

Meal Preparation, Serving and Clean Up
Daily, Monthly, Spring, and Fall Clean Up
Preparation for Special Events
Decorating for Holidays

If you can help for an hour or more a month,
please call Rose at 505-869-5133.

Belen Public Health Office Got Shots Schedule:

505-864-7743

617 Becker Ave., Belen

- **Sat, 6/14: 10am-2pm**
- Mon, 6/16: 9am-12pm & 1-4pm
- Wed, 6/18: 3-7pm
- Fri, 6/20: 1-4pm
- Mon, 6/23: 9am-12pm & 1-4pm
- Tues, 6/24: 9am-12pm & 1-4pm
- **Sat, 6/28: 10am-2pm**
- Mon, 6/30: 9am-12pm & 1-4pm
- Wed, 7/3: 3-7pm
- Mon, 7/7: 9am-12pm & 1-4pm
- Thurs, 7/10: 9am-12pm & 1-4pm
- **Sat, 7/12: 10am-2pm**
- Wed, 7/16: 4-7pm
- Tues, 7/22: 3-6pm
- Thurs, 7/24: 4-7pm
- **Sat, 8/9: 10am-2pm**
- Tues, 8/12: 9am-12pm & 1-4pm
- Wed, 8/20: 3-7pm

Office closed from 12-1pm M-F. **Appointments only – Please call ahead.**

Will accept walk in's if staff are available.

Los Lunas Public Health Office Got Shots Schedule:

505-222-0940

445 Camino Del Rey, SW, Suite A, Los Lunas

- **Sat, 7/12: 9am-12pm and 1-3pm**
- Tues-Thurs, 7/15-7/17: 3-6:30pm
- **Sat, 7/19: 9am-12pm and 1-3pm**
- Tues-Thurs, 7/22-7/24: 3-6:30pm
- Tues-Thurs, 7/29-7/31: 3-6:30pm
- **Sat, 8/2: 9am-12pm and 1-3pm**
- Tues-Thurs, 8/12-8/14: 3-6:30pm
- **Sat, 8/16: 9am-12pm and 1-3pm**
- Tues-Thurs, 8/26-8/28: 3-6:30pm

Office closed from 12-1pm M-F

Appointments only – Please call ahead.

Will accept walk in's if staff are available.



NAPPR IS NOW Enrolling for Early Head Start & Prenatal Home Visiting Program!!

NAPPR OFFERS A **NO-COST** Home Visiting Programs for Families who are expecting and or who have children under the age of 3. We provide families with the opportunity to engage with activities with their child to help with the growth of their child's development. In addition we provide parent & prenatal education and provided any resources to the families and help with the process. We would love to welcome you and your family into Our NAPPR Family! Here are some of our benefits to join!



\$100 Gift Card!
After completing 3
Home Visits .



You and your family will get
free admission into the zoo
for as long as you are
enrolled in our program.



Early Head start Programa De Visitas Domiciliarias

ofrecemos servicios para
familias, mujeres
embarazadas, y niños de la
edad de 0-3 años .

- Familias podran mejorar su capacidad para apoyar el desarrollo general de sus hijos.
- Eventos sociales para las familias
- soporte en educacion parental
- soporte de educacion prenatal



Servicios son gratuitos

Para más información nos puede contactar
nappr.org
(505) 280-7344

